



Dr. Dave Anderson

Dave Anderson, PhD, is the Vice-President of Public Engagement and Education and a senior psychologist in the ADHD and Behavior Disorders Center at the Child Mind Institute.

School-based programs directed by Dr. Anderson have provided clinical interventions, mental health skill-building, and workshops for more than 60,000 students, educators, and caregivers in over 1,000 schools in New York and California. Dr. Anderson is passionate about outreach aimed at disseminating and sustaining evidence-based interventions across K-12 schools and after-school, extracurricular, camp, and mentoring programs. Dr. Anderson frequently lectures and leads workshops for caregivers, educators, and policy makers on topics such as school- and community-based mental health support, stress management and coping skills, relationships between technology and mental health, behavioral intervention across home and school settings, and the treatment of ADHD.

Dr. Anderson's career has been dedicated to reducing the stigma associated with mental health and learning disorders, contributing to a wide range of public education and outreach efforts, increasing access to mental health support and treatment particularly in settings where these services are typically less available, and seeking to ensure that psychological services and resources are developed and delivered in partnership with diverse communities while being grounded and enhanced by principles of science and equity.



Conference Session

Thursday, April 25

1:00-2:00 PM

Mental Health Skill-Building for Educators: Plug-And-Play, Light Lift Wellness Resources for Use in Pre-K to 12 Classrooms

Dr. Dave Anderson & Saffiya Addison