

The Fall

FANTABULOUS

JOY, SELF-CARE & RESILIENCY

A Virtual Event For Early Childhood Educators

Wednesday, November 10th

10:00 AM - 11:00 AM

Self-Care: It's More Than an Indulgence

Kaleena Wiseman



Kaleena Wiseman has worked in the early childhood field for almost 20 years. She has worked with children of all ages as a teacher, assistant teacher, center administrator and an early childhood professor. She understands the challenges and rewards, as both a mother and teacher of children with special needs/ behavior issues/mental health issues. Currently she serves as the director of the YWCA of Columbus Safe and Sound Center, a five-star program dedicated to working with children and their families experiencing temporary housing issues.

Kaleena's passions are supporting the development of inclusive classrooms, learning through play, and trauma competent care. As a certified member of Trauma Competent Care (TCC) through Trauma Free World, she provides relevant trainings and coaching on the topic.