

ohioaeyc

Ohio Early Childhood Conference

FEATURED PRESENTER

Kira Willey



Kira Willey is an award-winning children's music artist, author, kids' yoga & mindfulness expert, speaker, and creator of *Rockin' Yoga* school programs. Her five releases of yoga albums for kids have all won numerous industry awards and earned national acclaim. Her most recent release is *Every Voice*, winner of Parents' Choice Gold, that Foundation's highest award. The single "Real Girl," from *Every Voice*, was given ASCAP's 2018 Joe Raposa Children's Song Award.

Kira's TEDx talk, "[Bite-Sized Mindfulness](#)," can be viewed online, and her children's mindfulness book, "Breathe Like a Bear," has been translated into eleven foreign languages. A second book, "Peaceful Like A Panda," will be released early in 2021. She is also the author of a children's mindfulness board book series, "Mindfulness Moments for Kids".

PBS TV affiliates nationwide air "Breathe With ME" and "Fireflies Yoga," two yoga-for-kids programs Kira created and hosts; and her "Music You Can Move To" series with kids' music superstar Laurie Berkner can be heard daily on SiriusXM Radio. Kira speaks at conferences, leads Professional Development days and teacher trainings, and performs Rockin' Yoga Assemblies and Concerts with her band nationwide. She also leads the River Valley Choir, plays fiddle in the not-quite-bluegrass band Moonshine & Millet, and is a founder of the singing-is-for-everyone experience, Choir & Company!

Conference Sessions

Thursday, April 23, 2020

BONUS SESSION: 5:00 pm - 6:30 pm

THE MAGIC OF MUSIC: Release the Stress, Calm the Room, Focus the Energy!

Friday, April 24, 2020

8:30 am - 10:00 am

Sing a Joyful Song: A Community-Building Musical Celebration

1:00 pm - 2:30 pm

CALM YOUR CLASSROOM: The Magic of Music, Movement & Mindfulness for Kids