

The Fall

FANTABULOUS

JOY, SELF-CARE & RESILIENCY

A Virtual Event For Early Childhood Educators

Thursday, November 11th

10:00 AM - 11:30 AM

The Elephant in the Room: Trauma in the Workplace

Dr. Arianna Howard



Dr. Arianna Howard is a master trainer and leading cultural diversity expert. She possesses varied educational experience, serving as preschool and middle school teacher, guidance counselor, high school administrator and trauma coach over her 15-year career. Her consulting firm, Plant-A-Seed Educational Consulting, facilitates anti-racist, trauma-informed, culturally responsive strategic plans with school leaders, focusing on the creation of equitable school environments.

Dr. Howard has real, lived experience. As the eldest of three raised in a poor, single-parent household, Dr. Howard has intimate knowledge of poverty, racism, and generational trauma. She has been able to break free from ancestral cycles of mental illness, domestic violence, and low self-worth. Dr. Howard earned a bachelor's degree in child development, a master's degree in middle grades education, and a doctoral degree in Literacy Studies from Ohio State University. Her dissertation research celebrates the ways single, Black mothers support their children's education. Dr. Howard is an active community member and has authored numerous peer- and editor-reviewed articles. In addition to training, coaching, and consulting, Dr. Howard maintains her blog, *The Radical Educator*, and YouTube channel, *Radical Learning Spaces*.

Dr. Howard is a highly sought after trainer. Her charismatic presence draws you to the edge of your discomfort, daring you to dive deeply and challenging you to question, "How can I be better? How can I do better?" You will leave equipped with practical tools to do The Work - both personally and professionally.