

Yvonne Watkins

Yvonne Watkins is a Conscious Discipline Certified Instructor with over 22 years of experience in education. She has a M.S. in Management and a B.A. in Early Childhood Education. She discovered Conscious Discipline while working as a lead preschool teacher at a Head Start program. When first introduced to Conscious Discipline, she believed Conscious Discipline was not the change she needed. After her willingness to shift, she found Conscious Discipline being exactly the change she needed both personally and professionally. Yvonne's experience in education includes Director of an early childhood program, preschool lead teacher, elementary school teacher, parent coach and trainer, and childcare staff at a residential youth group home.

Yvonne has led Conscious Discipline book study groups, provided virtual trainings and in-person trainings for new teachers as well as experienced teachers. She has also led breakout sessions at Summer Institutes and continues to virtually train at a residential youth group home.

Yvonne's most accomplished shift was her transformation in parenting. She believes her desire to do something different has created an atmosphere for her own children (ages 11, 20 & 24) to feel safe.

Yvonne's Conscious Discipline motto, "With willingness, comes growth."



Conference Sessions

Thursday, April 24

1:00 AM - 2:30 PM

It Starts at the Top: How to Implement a School Family with Your Staff

3:00 PM - 4:30 PM

So Much Power In Connection

Saturday, April 26

1:00 PM - 2:30 PM

Are Your Leadership Skills Helpful or Hurtful: Seeing Positive Intent in Your Staff